# Services

**Audiology Testing Aviation Medicine** Behavioral Health **Internal Medicine Consultation Immunizations** Minor Procedures Optometry Pharmacv Physical Therapy

# **Walk-In Services**

Mon, Tue, Wed, Fri 0730-1530, Thur 0900-1530 Adult immunizations\*

Blood pressure checks

Suture check and removal/dressing change

Height and weight check

Throat cultures

**Sports Medicine** 

Pharmacy

Pregnancy testing

Depo Provera Shots

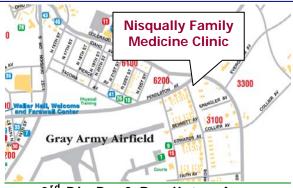
**Urinary Tract Infection** 

**Diabetic Supplies** 

\*Well baby immunizations require an examination appointment before immunization

\*Please bring yellow shot record for ALL

immunizations



Div Dr. & Pendleton Ave.

# **Quick Reference Phone Guide**

Nisqually Family Medicine Clinic (253) 966-9858 Nightstalker Appointments (253) 966-6797/8 TRICARE Regional (800) 404-4506 Appointment Center TriWest (888) 874-9378 After Hours Provider On-call (253) 966-9858 Option 5 Triage Nurse (253) 966-9858 Option 2 Pediatrics (Weekend hrs) (253) 968-3064 For Mental Health Assistance (888) 874-9378 Military One Source (800) 342-9647

*Hours of Operation	
Active Duty Sick Call Monday-Friday	Report at 0630
Aviation Medicine	(253) 966-6887 0630-1500

Behavioral Health (253) 966-9833 Monday-Friday 0800-1630

Laboratory Monday-Friday 0700-1545

**Pharmacy** (253) 966-8400 Monday-Friday (Walk-in) 0730-1600 Prescription Refill Line (253) 968-2999 (MAMC drive-thru pick-up)

<b>Physical Therapy</b>	(253) 966-7472	
Monday-Friday	0630-1530	
<b>Records</b>	(253) 966-7708	
Monday-Friday	0630-1600	
<b>Radiology</b>	(253) 966-9934	
Monday-Friday	0700-1600	
Social Work	(253) 966-9839	

0730-1600

Monday-Friday

# Nisqually Family Medicine Clinic



Nisqually Family Medicine Clinic Bldg R3134 3<sup>rd</sup> Division Dr. and Pendleton Ave. Fort Lewis, WA 98433 (253) 966-9858 Appointments (800) 404-4506

MADIGAN ARMY MEDICAL CENTER "The health care providers who specialize in you"



<sup>\*</sup> Closed Federal Holidays and selected training holidays

#### **Our Mission**

Our mission at Nisqually Family Medicine Clinic is to provide comprehensive health care in a supportive environment to the Soldiers, families, and Ft. Lewis units enrolled to our clinic

#### **Our Commitment**

We understand that for our Soldiers to be able to perform the difficult training required and to deploy across the globe to serve in harms way, they have to be in peak mental and physical health. They also need to have the assurance that their family members are being cared for in their absence. We are committed to the physical and psychological health of our military families.

### **Our Goals**

- Provide compassionate, individualized care that focuses on promoting health and not just treating illness
- Create an environment where patients feel valued during every interaction within the clinic, from the moment they come to our front desk until they complete coordination for ancillary services and follow-up appointments
- Provide integrated primary care services by working as a team of providers, nurses, and health care specialists
- Ensure streamlined access to specialty care on site, at Madigan Army Medical Center, and, if necessary, within the local community

#### **Our Values**

- Patient care is our primary mission and will always come first
- Our team is here to guide you through the Military Health System
- Our job does not end when you go out the door
- We are here to support you through illness and see you through to health

# What is **FAMILY MEDICINE?**

Family Medicine is a broadly encompassing medical specialty that provides health care for the individual and the family. Family physicians are educated and trained in the full scope of Family Medicine so they can offer continuous and comprehensive medical care, health maintenance, and preventive services to all members of the family regardless of age, sex or type of problem.

Family physicians believe that optimal health care is provided when the entire family is cared for by the same medical team-a team who can see the "big picture." By knowing the entire family, providers can take into account the effect of biological, psychological and social issues on illnesses. Their unique attitude, skills, and knowledge, coupled with their interaction with the entire family, make family physicians the best qualified to serve as each patient's advocate in all health-related matters. This includes guiding them in the use of health services, community resources and obtaining specialty care.

The staff of the Nisqually Family Medicine Clinic is comprised of board-certified family physicians, civilian and military physician assistants, registered nurses, licensed practical nurses, and military medics.

# **On-Call Family Medicine Physician**

A MAMC staff family physician is on-call daily after 1700 hrs. You can contact them through the Evergreen Paging Service by calling (253) 966-9858, option 5.

For **Urgent Pediatric Care** services call the Pediatrics Extended Clinic directly at (253) 968-3064, M-F, 1630-1930, SAT 0900-1500, and SUN 1000-1600. Patients don't have to be enrolled to PEDS to use this service.



# **Options for Medication Refills**

- Patients can elect to call the MAMC refill line at (253) 968-2999 and pick up their medication 72 hours later at the MAMC drive up or inside refill windows.
- Patients enrolled to the Nisqually Family Medicine Clinic can obtain refills at our clinic pharmacy for all standard medications on a walk-in basis at our pharmacy window.

If you have questions about your prescription or are on an unusual medication, please call the Nisqually Pharmacy prior to walking-in to ensure that it is in stock.

# **Appointment Cancellations**

Calling to cancel and reschedule appointments is important for your care and shows respect to other Soldiers and family members who may need to be seen. We ask that if you are unable to keep your appointment that you call the clinic at least 24 hours in advance. Even if you cannot provide 24 hour notice, please contact the clinic as we may still be able to offer your appointment to someone who requires urgent care.

# **No-Show Policy**

We understand that occasionally an appointment may slip your mind or extenuating circumstances may occur. However, we respectfully remind you that a scheduled medical appointment is the place of duty for any service member. Additionally, service members are responsible for their dependents. Our clinic will track all no-shows and should a trend develop, your command will be notified. 1/27/08